Belfast Yoga Studio

33 Years!

9 Field Street, 302 Belfast Center, Belfast, ME 04915

Marianna Moll (207) 338-3930

2025 FALL Schedule

We are now offering hybrid classes. In-studio or online with Zoom

Days/Hours	Level - Class	Instructor	Dates/Notes
MONDAY 5:00 - 6:15 PM	Yamuna® Body Rolling (7 weeks)	Marianna Moll	Oct. 27 – Dec. 8
(online & in-studio)			
TUESDAY 9:00 - 10:15 AM	Yamuna® Body Rolling (7 weeks)	Marianna Moll	Oct. 28 – Dec. 9
(online & in-studio)			
FRIDAY 9:30 – 10:45 AM	Yamuna® Body Rolling (7 weeks)	Marianna Moll	Oct. 24 – Dec. 12
(online & in-studio)			No Class 11/28

After 5:30 PM and weekends use Door 1, at the rear of building! Day Classes may use Door 4 on Field Street.

Absence is non-refundable. Make ups allowed in same session with any teacher.

DROP-IN RATES PER CLASS:

Yamuna® Body Rolling $20

SAVE WITH PRE-PAID RATES:

Yamuna® Body Rolling (YBR):$15 PER CLASS PRE-PAID

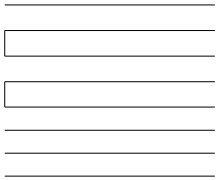
Sign-up price is $105 (plus $5 PayPal surcharge) PRE-PAID

Multiple Class Sign-up price is $125 (plus $5 PayPal surcharge) PRE-PAID

ALL YOGA CLASSES $12 PER CLASS

7 week Yoga Class $84 (plus $5 PayPal surcharge) PRE-PAID

PRIVATE SESSIONS AND BODYWORK WITH MARIANNA MOLL		
Individual Yoga & YBR Instruction	Hourly Rate	$60 hour
Yamuna® Table Treament	Per Full Session	$100
Yamuna® Body Logic	Per Full Session	$120

Please note: As Yoga heightens one's senses, students may be more sensitive to perfumes, colognes, and other scented material. Please, refrain from wearing fragrances. Thank You!

Look for announcements on our Facebook Page: facebook.com/belfastyoga