



STUDENT INFORMATION

Please Print

NAME: _____ EMAIL: _____

HOME ADDRESS: _____
Street City/State/Zip

HOME PHONE: _____ WORK PHONE: _____ EMERGENCY CALL: _____
Name Phone

NEW STUDENT: Yes No If no, how many years studying yoga? _____ Which Style? _____
Have you studied Yamuna Body Rolling? Yes No How Long? _____

OCCUPATION: _____ DATE OF BIRTH: _____ AGE: _____ SEX: M F

Please circle areas of concern regarding your health.

Write pertinent details below or on the back of this sheet (such as when it started, what your symptoms are, etc.)

- | | | | |
|-----------------|---------------------|--------------------|-------------------|
| Allergy | Eyes | Liver | Post-Partum |
| Asthma | Gastrointestinal | Lower Back | Prolonged Illness |
| Ankles/Feet | Headache | Low Blood Pressure | Prostate |
| Arthritis | Heart Condition | Lyme's Disease | Recent Surgery |
| Auto-Immune | Heel Spur | Menopausal | Sedentary |
| Bladder | High Blood Pressure | Menstrual Problems | Sciatica |
| Carpel Tunnel | Hips/Legs | Multiple Sclerosis | Scoliosis |
| Chronic Fatigue | HIV-Related | Neck | Shoulders |
| Diabetes | Hypoglycemia | Osteoporosis | Thyroid |
| Depression | Kidney | Plantar Fasciitis | Wrist/Hand |
| Dizziness | Knees | Pregnancy | |

Please describe conditions not listed above or elaborate on those circled. _____

Continue on back if necessary

Please list medications, remedies and supplements used: _____

Have you used? (circle answers): ACUPUNCTURE CHIROPRACTIC CHINESE MEDICINE MASSAGE

DEEP TISSUE THERAPY HOMEOPATHIC MEDICINE PHYSICAL THERAPY PSYCHOTHERAPY

Have you ever been in a car accident or had a traumatic injury? Yes No If yes, what year? _____

How did you hear about the classes at BYS? _____

This form does not claim to treat any of the conditions listed above or any liability, loss, personal or otherwise, resulting from these programs. Yoga or Yamuna Body Rolling instructions are in no way intended as a substitute for medical counseling.

Signature: _____ Date: _____